

The Acupressure Atlas



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The Acupressure Atlas

The Acupressure Atlas is a fully illustrated and comprehensive reference guide that demonstrates how acupressure techniques activate and accelerate the body's self-healing powers to alleviate many health problems, including even the common cold.

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The Acupressure Atlas gave me all the information I wanted to know about the pressure points for the pancreas and small intestines. The numerous photos make the positions of the acupressure points very clear.

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