

## *Creepy Crawly Cuisine Gourmet Insects Site*



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### **Creepy Crawly Cuisine Gourmet Insects**

Creepy Crawly Cuisine tells you everything you need to know to make insects a part of your diet. It includes an overview of the use of edible insects by indigenous cultures, information on where to obtain insects and how to store and prepare them, and over 60 gourmet recipes, complete with stunning color photographs, that let you take the cooking of insects to dazzling culinary heights.

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